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## **Wing Chun Kung Fu Traditional**

Wing Chun Kuen, usually called Wing Chun, is a concept-based traditional Southern Chinese Kung fu style and a form of self-defense, that requires quick arm movements and strong legs to defeat opponents. Softness and performance of techniques in a relaxed

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manner is fundamental to Wing Chun. Regarding the History of Wing Chun, it's said to have been created by the legend of Ng Mui, an abbess who taught it to her student Yim Wing-chun as a means to defend herself against unwanted advances. The mart

## **Wing Chun - Wikipedia**

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GOAL. When I set up The Global  
Traditional Wing Chun Kung Fu  
Association more than 30 years ago, my  
goal was to build a worldwide network of  
schools dedicated to teaching and  
preserving the art of Traditional Wing  
Chun Kung Fu as it was taught to me by  
Yip Man as his private student. This goal  
has not changed, and with the spread of

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Wing Chun and other martial arts around the world, it is now more important than ever to ensure that Traditional Wing Chun is preserved.

## **The Global Traditional Wing Chun Kung Fu Association**

Straightforward and efficient, Wing Chun Kung Fu is one of the most popular



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forms of Kung Fu because it emphasizes technique over strength. By using the skills of Wing Chun Kung Fu, a smaller and weaker person can easily overcome a larger strong opponent. With its focus on technique rather than force, it is suitable for both men and women, young and old, and for those of all levels of physical fitness.

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## **Wing Chun Kung Fu: Traditional Chinese Kung Fu for Self ...**

Well it all started with Bruce Lee (in pop culture in the west that is!) and Bruce Lee started with a Traditional Kung Fu style called Wing Chun, under the t...

## **Traditional Wing Chun Kung Fu -**

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Wing Chun is a traditional Chinese martial art originating more than 300 years ago in southern China by the Buddhist nun Ng Mui. The techniques that makeup Wing Chun primarily come from two animal styles of Shaolin Kung Fu; Snake and Crane.

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**Traditional Wing Chun KungFu  
North American Headquarters ...**

Traditional Wing Chun GM William Cheung & Sifu Ismail The origin of Wing Chun Kung Fu can be found in the turbulent, repressive Ching dynasty of over 250 years ago. It was a time when 90% of the Chinese race, the Hons, were ruled by the 10% minority, the Manchus.

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## **About Traditional Wing Chun History, Philosophy and Forms**

Grandmaster William Cheung, teacher and mentor to the late Bruce Lee in Hong Kong in the 1950s, has been teaching Wing Chun Kung Fu for 45 years. He has appeared on over 40 magazine covers worldwide, and has

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been awarded the Black Belt, Inside  
Kung Fu and Blitz Hall of Fame Awards.

**Grandmaster William Cheung's  
Global Traditional Wing Chun ...**

Dear students: First, let me start by  
thanking all of you for your support and  
kind emails during this time. Due to the  
rising concerns over the COVID-19 virus

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and specifically at the direction of the state and federal government, effective today: The academy will be closed for group classes and private training until further notice.

## **La Wing Chun Kung Fu - The Los Angeles Traditional Wing ...**

Wing Chun is the ONLY style that

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incorporates blocking AND punching at the same time, adding to it's lightening fast, efficient and extremely powerful style! The Origin of Wing Chun Kung Fu can be found in the turbulent, repressive Ching dynasty of over 250 years ago.

**Wing Chun Academy Training School  
Philadelphia PA, USA**



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Traditional Wing Chun Club. Authentic  
Shaolin Kung Fu (269) 719-5040. 7117 S.  
Westnedge Ave., Kalamazoo, MI. 49002.  
Mondays 6:30 p.m. – 8:00 p.m. Fridays  
5:30 p.m. – 7:00 p.m. Attend 2  
classes/week: \$85/month Attend 1  
class/week: \$75/month \*\*\*Senior, &  
Group Discounts\*\*\* Law  
Enforcement/Security Personnel

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Discounts Private Lessons \$35/hr ...  
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**Traditional Wing Chun Club**

Sifu Rahsun's Traditional Wing Chun Club LA. We want to invite you to come check out our friendly private training hall. For your free introductory lesson from world renowned wing chun kung fu instructor Rahsun Herkul. Sifu Rahsun is

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King Fu For Self Defense And  
level 2 Provisional Master of Traditional  
Wing Chun Kung Fu with 30 years  
experience training in the art of  
Cheung's Traditional Wing Chun Kung  
Fu.

**Welcome to Sifu Rahsun's  
Traditional Wing Chun Academy**  
Traditional Wing Chun A fighting art

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developed by Ng Mui, Buddhist nun and  
kung fu grandmaster, taught to her

adopted daughter Yim Wing Chun, and  
years later learned by the famous Wing  
Chun master Yip Man. Yip Man taught  
the traditional techniques to his closed-  
door student, Grandmaster William  
Cheung.

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**Longmont Wing Chun Academy**

Sifu Yip teaches Wing Chun the traditional way - the way it was taught to him which is the way Grandmaster Yip Man taught it without embellishment. Chin Na - Joint Locks "Chin" in Chinese means "to seize or catch", and "Na" means "to hold and control". Chin Na can be translated as "seize and control",

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a valuable skill for short-range fighting.

## **Ancient Fighting Arts - Wing Chun Kung Fu**

Wing Chun at Authentic Kung-Fu follows the traditional path maintained and proven through the centuries: that of precise repetition and practical application. Students learn how to

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perform movements solo, with a partner then in relationship to changing combat environment The school also follows the maxim of Yip Man that “Without Chi-Sao there is no Wing Chun.”

## **Wing Chun - Authentic Kung Fu**

Wing Chun Kung Fu is a Chinese martial art developed by a woman. It's

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extremely efficient and doesn't require  
size and strength.

## **Home | Oregon Wing Chun**

Wing Chun Kung Fu classes in Harford and Baltimore County Maryland. Sifu Ismail Agcicek teaches Wing Chun, close combat, self-defense techniques and more.



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**Maryland Traditional Wing Chun  
Kung Fu Classes**

Want to learn Wing Chun Kung Fu? Train from your home! Simply purchase a membership and gain access to hundreds of Kung Fu training videos.

**Welcome to The Global Traditional**

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**Wing Chun Kung Fu ...**

At the Philip Nearing School of Wing Chun we are here to help you find the martial artist inside yourself while learning Ip Man's Wing Chun. With us you will learn a traditional martial art with real world effectiveness. You will learn the values a traditional martial art has to offer alongside powerful self-defense

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**The Philip Nearing School of School  
of Wing Chun | Wing ...**

William Cheung or Cheung Cheuk Hing (曾卓敬, pinyin: Zhāng Zhuóqìng), born October, 1940, is a Hong Kong Wing Chun kung fu practitioner and currently the Grandmaster of his lineage of Wing

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Chun, entitled Traditional Wing Chun (TWC). He also heads the sanctioning body of TWC, the Global Traditional Wing Chun Kung Fu Association (GTWCKFA).

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