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GARY TAUBES, an award-winning science and health journalist, is cofounder and director of the Nutrition Science Initiative (NuSI). He is the author of *The Case Against Sugar*, *Why We Get Fat*, and *Good Calories, Bad Calories*, and a former staff writer for *Discover* and correspondent for *Science*. He has written three cover articles on nutrition and health for *The New York Times Magazine*, and his ...

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