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Dan Millman

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purposes: learning life's lessons, finding your career and calling, discovering your life path, and, attending to this arising moment.

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THE FOUR PURPOSES OF LIFE

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- The Four Purposes of Life, page 115. As we move through this fast-paced world, every now and again it's nice to slow down and to read something that's not only about leaders, career and personal development, but also about stopping to reflect on what's most important to us in our lives. Dan Millman's book helps you do just that.

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The Four Purposes of Life : Finding Meaning and Direction ...

"The purpose of life is not to be happy. It

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is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well.” — Ralph Waldo Emerson tags: helping-others, make-a-difference, purpose, purpose-of-life

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According to Hinduism, the meaning

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(purpose) of life is four-fold: to achieve Dharma, Artha, Kama, and Moksha. The first, dharma, means to act virtuously and righteously. That is, it means to act morally and ethically throughout one's life.

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