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Professor Roy F. Baumeister - Social Psychologist

One of the world's most esteemed and influential psychologists, Roy F. Baumeister, teams with New York Times science writer John Tierney to reveal the secrets of self-control and how to master it. In Willpower, the pioneering researcher Roy F. Baumeister collaborates with renowned New York Times science writer John Tierney to revolutionize our understanding of the most coveted human virtue: self-control.

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Roy F. Baumeister is currently Professor of Psychology at the University of Queensland. He is among the most prolific and most frequently cited psychologists in the world, with over 650 publications. His 40 books include the New York Times bestseller Willpower. His research covers self and identity, self-regulation, interpersonal rejection and the need to belong, sexuality and gender ...

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