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This groundbreaking memoir unveils the light and shadows of anorexia recovery—from what it requires to what it can ultimately deliver. At thirty-three years old, Kerrie was managing a freelance career, her three young children, and a closeted battle with anorexia that had plagued the past ten years of her life.

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I, Dragonfly chronicles the physical and psychological transformations of her recovery, including the panic of witnessing her body expand to unfamiliar proportions and the contention with exhaustion and pain in her limbs that last much longer than she anticipated, as well as the delight of responding to overwhelming hunger and the release of cultural fallacies around weight and health. As Kerrie learns to surrender to the recovery process, she cultivates the authentic self that had been ...

## **I, Dragonfly: A Memoir of Recovery and Flight by Kerrie ...**

This groundbreaking memoir unveils the light and shadows of anorexia recovery—from what it requires to what

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## **I, Dragonfly: A Memoir of Recovery and Flight by Kerrie ...**

I, Dragonfly is a memoir in which Kerrie Baldwin recounts her determined yet difficult journey to health after a decade-long illness with an eating disorder.

## **BOOK REVIEW: I, Dragonfly - Independent Book Review**

In her memoir about her recovery from anorexia, Kerrie Baldwin doesn't whitewash anything. She deftly uses language to let the reader accompany her through her various stages of recovery, from her confident, euphoric beginnings to her prolonged suffering with edema, and doubt that she can push through to the end, followed by her renewed determination.

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## **Amazon.com: Customer reviews: I, Dragonfly: A Memoir of ...**

If you like this book, then you might also like Shark Man, a novel for the middle grades, which picks up where the author left off in Dragonfly taking the reader to the Florida beaches where young Billy-Boy learns how to skateboard, surf, and make new friends. Description: W. Nikola-Lisa explores new terrain—his childhood experiences growing up in south Texas during the early 1960s.

## **Dragonfly: A Childhood Memoir by W. Nikola-Lisa, Paperback ...**

The Dragon Fly Memoirs by Robert J. Strank (Author) 1.0 out of 5 stars 1 rating

## **Amazon.com: The Dragon Fly Memoirs (9781465398277): Strank**

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## **Memoirs of a dragonfly (Satyricon) (Book, 1972) [WorldCat.org]**

Dragonfly as a Spirit Guide Dragonfly enters our life when our joy diminishes or when we start taking things too seriously. They are our reminder to lighten our thoughts and habits. Because of their connection to water, dragonflies are tied to our emotional selves.

## **11 Dragonfly Meanings - Understanding Dragonfly Symbolism**

I, Dragonfly chronicles the physical and psychological transformations of her recovery, including the panic of witnessing her body expand to unfamiliar proportions and the contention with exhaustion and pain in her limbs that last much longer than she

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anticipated, as well as the delight of responding to overwhelming hunger and the release of cultural fallacies around weight and health. As Kerrie learns to surrender to the recovery process, she cultivates the authentic self that had been ...

### **I, Dragonfly: A Memoir of Recovery and Flight (Paperback ...**

Although the work feels like a memoir, it reads like a novel with the author's spare, unrelenting narrative a perfect accompaniment to the time, place, and underlying familial issues. If you like this book, then you might also like Shark Man, a novel for the middle grades, which picks up where the author left off in Dragonfly taking the ...

### **Dragonfly: A Childhood Memoir: Nikola-Lisa, W ...**

A Memoir by Kerrie Baldwin Unveiling the light and shadows of an eating disorder recovery—from what it requires to what it can ultimately deliver. I,

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Dragonfly is the inspiring chronicle of Kerrie Baldwin's perilous two-year journey to remission after a decade of anorexia.

## **Eating Disorder Recovery | Kerrie Baldwin**

I, Dragonfly is her first book for an adult readership. Kerrie lives with her family in the Catskill Mountains of upstate New York, and she can be followed on Twitter at @kerrie\_baldwin.

## **I, Dragonfly: A Memoir of Recovery and Flight: Amazon.co ...**

I, Dragonfly: A Memoir of Recovery and Flight by Kerrie Baldwin This groundbreaking memoir unveils the light and shadows of anorexia recovery—from what it requires to what it can ultimately deliver.

## **Recovery Experiences — The Eating Disorder Institute**

Memoir This month, the TNB Book Club is reading Trip: Psychedelics, Alienation,



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and Change , by Tao Lin. Available now from Vintage Originals, Trip is a remarkable and sometimes harrowing exploration of creativity, Terence McKenna, language, imagination, and, yes, drugs.

### **Memoir - The Nervous Breakdown**

The dragonfly is a creature of water, and every creature that dwells in water symbolizes the subconscious mind and deeper thoughts. This is the reason why dragonflies are said to remind us to pay heed to our dreams and desires, because our outlook towards life is not only influenced by the external environment around us, but also our deepest thoughts.

### **What Does a Dragonfly Symbolize? You'd Be Stunned to Know ...**

And in the hands of a lesser writer than Leila Meacham, author of bestsellers *Roses* and *Somerset*, it could easily descend into redundancy or even parody. Happily, in *Dragonfly*, this is by

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no means the case. Five idealistic young Americans—two women and three men—are recruited at the height of World War II to assume secret identities in Paris and spy for the Allies.

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