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November 2, 2007 by  
Cheri Fraker (Author)

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February 11, 2020 by

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came up in a

discussion with sensory  
parents trying to get  
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manage their eating  
challenges. Several

people in our parent  
discussion group

personally

recommended this

book.

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McGlothlin J. Helping  
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For every frustrated

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sensory, or because of  
allergies. Then, with a  
simple, 6-step method  
centered ...

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## **Food Chaining: The Proven 6-Step Plan To Stop Picky Eating**

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Expanding a child's food preferences takes time, so be prepared to move slowly. By Loree Primeau, PhD, OTR, Executive Director, Autism Community Network. Source: Food chaining: The proven 6-step plan to stop picky eating, solve feeding problems, and expand your child's

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**How to Expand A  
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Feeding and Food  
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For every frustrated parent, the food chaining method offers a medically-proven, kid-tested solution.

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allergies.

## Picky Eating Solve Feeding Problems And Expand Your Child's Diet

### **Food Chaining by Fraker, Cheri (ebook)**

That's right, the guru behind "Food Chaining: The proven 6-Step Plan to Stop Pick Eating, Solve Feeding Problems, and Expand Your Child's Diet". This phenomenal book has indescribably positively impacted that patients of the clinicians that



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have devoured the  
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According to Cheri  
Fraker, RD, LD, CLC, a  
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disorders, in her book  
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Your Child's Diet, Food  
Chaining emphasizes  
the relationship  
between foods in  
regard to taste,  
temperature, and  
texture, regardless of  
the reasons for picky  
eating.

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