

## Clarity Clear Mind Better Performance Bigger Results

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### Clarity Clear Mind Better Performance

What would it mean if you could declutter your mind? When your mind is clear you can focus, solve problems and succeed. True clarity of thought leads to: Better decision-making; Innovative thinking; More time to focus on your priorities; Better performance; More of the results that matter to you

### Amazon.com: Clarity: Clear Mind, Better Performance ...

You'll learn how to clear your mind and become less stressed and more productive - and as a result, more confident in your abilities. Clarity will help you to: • Greatly improve your concentration and ability to think clearly • Reduce stress levels and increase productivity • Grow your confidence and self-belief

### Clarity: Clear Mind, Better Performance, Bigger Results by ...

Clarity of mind tends to fluctuate according to how present one may be at any given moment. The deeper the clarity of understanding, the faster the restoration of clarity of mind when it inevitably gets clouded.

### Clarity: Jamie Smart, Jamie Smart: 9781480589803: Amazon ...

Clarity will help you to: Greatly improve your concentration and ability to think clearly Reduce stress levels and increase productivity Grow your confidence and self-belief Find innovative solutions to problems and make progress on goals and dreams Trust your intuition and improve your ...

### Jamie Smart | Clarity, the book

You'll learn how to clear your mind and become less stressed and more productive - and as a result, more confident in your abilities. Claritywill help you to: • Greatly improve your concentration and ability to think clearly. • Reduce stress levels and increase productivity. • Grow your confidence and self-belief.

### Clarity: Clear Mind, Better Performance, Bigger Results ...

Well Jamie Smart, state-of-mind specialist, can do just that - with Clarity he will show you how to get real clarity of thought. You'll learn how to clear your mind and become less stressed and more productive - and as a result, more confident in your abilities.

### Clarity: Clear Mind, Better Performance ... - Bookshare

When your mind is clear you can focus, solve problems and succeed. True clarity of thought leads to: Better decision-making Innovative thinking More time to focus on your priorities Better performance More of the results that matter to you Leaders in every field, from visionary entrepreneurs to Olympic medal winners, agree that clarity is the key to outstanding success.

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Better performance More of the results that matter to you Leaders in every field, from visionary entrepreneurs to Olympic medal winners, agree that clarity is the key to outstanding success. Now get clarity to work for you.

**Clarity: Clear Mind, Better Performance, Bigger Results ...**

In 2013, Smart wrote his first book CLARITY: Clear Mind, Better Performance, Bigger Results. The book discusses the use of implication-based learning for achieving mental clarity. Smart suggests that mind has its own "self-clearing" capacity. In the book, he writes about the misperception that circumstances are responsible for feelings.

**Jamie Smart (author) - Wikipedia**

You'll learn how to clear your mind and become less stressed and more productive - and as a result, more confident in your abilities. Clarity will help you to:

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